**Second Level. Primary 7. Lesson 2. Support Material: Peer Pressure Cards**

Exercise:

* Split the class into small groups and issue the Peer Pressure Cards.
* Explain to the children that they have to read each card and discuss in detail as a group the reasons why they *would* give in to peer pressure in a similar situation and reasons why they *should not*.
* Ask the children to decide how they would react in the situation and why.
* Discuss the answers as a class, encouraging the children to give their reasons for every answer and response to the discussion cards.

Points to note:

* You may wish to ask the children to put the cards into two sets – “give in to Peer Pressure” and “Ignore Peer Pressure” based on the general consensus of the group.
* This might help focus the children’s discussion and encourage them to offer their answers more confidently and with greater reasons.

**Give in to Peer Pressure**

**Why do people smoke?**

They enjoy it

**Ignore Peer Pressure**

**Why do people smoke?**

It’s something to do with their hands

**Why do people smoke?**

Their favourite pop singer or actor smokes

**Why do people smoke?**

It’s a habit

**Why do people smoke?**

They aren’t afraid to try new things

**Why do people smoke?**

It helps them cope

**Why do people smoke?**

For social reasons

**Why do people smoke?**

Peer Pressure – their friends made them do it

**Why do people smoke?**

Their parents smoke

**Why do people smoke?**

Their friends smoke

**Why do people smoke?**

To rebel against the rules

**Why do people smoke?**

To help them to relax

**Why do people smoke?**

They are addicted to the nicotine in the cigarette

**Why do people smoke?**

To seem older than they are

**Why do people smoke?**

It’s an excuse for them to take a break

**Why do people smoke?**

To relieve stress